February in review at WCS

Swimming Leadership Day

NRL Bulldogs Visit New Kinder

SRC Induction
Gobondery/NARRAF Swimming Carnival
On Friday 20 February a team of 19 students competed at the Gobondery/NARRAF swimming carnival at Narromine. Congratulations to all the students who represented Warren Central School on the day and they are to be commended for their excellent behaviour and effort.

The following students placed first or second in their event and have been selected to swim at the Western Region carnival this Friday 6 March in Dubbo. Charlotte Scotson will be competing in the Senior girls backstroke, Senior girls breaststroke, Senior girls 200m Individual Medley and Senior girls Butterfly. Leila Gough placed first and will compete in the Junior girls butterfly. Bella Gough will compete in the 8 years girls’ freestyle.

Congratulations also to the Senior girls relay team who placed first and will now compete at Western Region. The team consists of Charlotte Scotson, Mackenzie Pardy, Chelsey Hewett and Sophie Hopkin.

Charlotte Scotson gained first place in the Senior Girls Breaststroke, breaking a Gobondery/NARRAF record.

Students are to make their own way to Dubbo and meet the Gobondery/NARRAF team manager Lacey Sampson.

Congratulations again to these students and thank you to the parents and community members who supported the team in Narromine. It was fantastic to have so many people there to cheer them on.

CWA Speak Out
Last Friday 5/6 Solar participated in a speak out workshop conducted by Mrs Karlene Irving. All students worked through a number of activities and exercises to enhance their public speaking abilities and assist them in their preparation for this Thursday’s CWA Speak Out competition. Students had previously decided on a topic that they are passionate about and were guided through a few areas such as using alliteration, repetitive questioning, similes and metaphors and how to address an audience.

We would like to thank Mrs Irving for spending her time with us and guiding us through these hints. All students learnt something valuable during the workshop.

“Hat on, play on”
With the approach of the warmer weather we will be again closely monitoring the wearing of hats for outdoor activities. Students without a school hat are required to sit under the shelter and are not permitted in the playground during breaks. Please take this opportunity to check your children’s hats for labels, size etc. New hats are available through the front office for $15 each.
School Pick Up
Please remember to follow road rules outside the school when picking up students and be aware of the no standing and no stopping areas in the vicinity of the pedestrian crossing. Staff will hold children in the school grounds until you have parked safely and walked up to collect them. Once you have your child please move away from the area quickly to avoid congestion and confusion at the gate.

School Uniform
Thank you to all parents and students for looking extremely smart in their full school uniform. Please remember the uniform for K-6 girls is black watch tartan skirt or skort and for the boys grey shorts. On Fridays the sport uniform is green shorts for boys and green shorts/skirt/skort for girls.

Positive Behaviour for Learning
Our wonderful Respectful, Responsible Learners in K – 6 are already displaying arms loaded with teal, pink and purple bands. Congratulations to those students who are continually Respectful, Responsible Learners.

To receive band students must be in school uniform Monday - Thursday and on Friday in sports uniform.

At the end of each term ALL bands, except Rainbow, must be handed in to be washed and ready to be distributed the next term. It is not financially viable to allow students to keep all the bands collected each term.

In Terms 1, 2 and 3 the Rainbow rewards day will be held on the Tuesday of the last week of each term and in Term 4 it will be held on the Tuesday of the second last week.

Students are encouraged to trade their bands each day so we have a better turnover of bands, especially Teal bands. No more than 6 teal bands can be traded at each time ie 6 teal bands = 2 pink bands.

Once a trade has been completed students must wait until the next trade time to exchange bands.

A third pink, purple or yellow band cannot be traded immediately for the next level band but must be traded the following day. This allows students to wear the three bands of each colour to proudly display their achievements for a day before trading up.

Mrs Westgarth – Assistant Principal
Mrs Perry – Rel. Assistant Principal

School is Cool
Kindergarten Sparkles have settled in well to life at “big school.” They were given the task to decide what they like best about being at Warren Central School. These are their responses.

Laura: I like lunch orders because they are so yummy.
Declan: I like playing with the toys, especially the trains.
Emily: I like cutting out things and staying on the lines.
Holly: I like playing on the equipment, especially the monkey bars.
Noah: I like playing in the round tunnel.

Makai: I like playing with the cameras so I can take a photo.

Hayley: I like having fun. My favourite thing on the equipment is the flying fox.
Peyton: I like making things with glitter because it is sparkly.

Nealarni: I like playing on the monkey bars because they are fun.
Kara: I like making letters and writing.

Ned: I like playing at school because it is fun.

Clayton: I like playing handball and running around at school.

Indianna: I like colouring because it is my favourite thing.
Bindi: I like making bees in craft and playing with the train track.

Crystal: I like making things beautiful.

Jessie: I like playing on the wonky bridge.
SRC REPORT
On Monday 23 February 2015, Student Representative Members of Warren Central School were proudly inducted. SRC members will firstly raise funds to improve both the school and local community, with a cause yet to be decided. The inductees were:

Year 7 - Aimee Sheppard, Ruth Cant
Year 8 - Zoe Taylor, Luke Williams
Year 9 - Savannah Nielsen, Jack Taylor
Year 10 - Kayla Higgins, Katie Brown
Year 11 - Shauni Barclay, Emily Glover
Year 12 - Prue Murray, Annabelle Taylor, Isabella Gordon

We wish the 2015 SRC the best of luck in their endeavours this year.

Mr C. Perry
Agriculture and Primary Industries Excursion

Year 9/10 Agriculture and Year 11 Primary Industries were fortunate enough to experience “first hand” the age old art of blade shearing at “Haddon Rig”. Students learned that the specially selected stud/show rams were shorn using hand held blade shears because it results in a more uniform fleece with less damage to skin and wool follicles.

The Haddon Rig staff readily demonstrated the procedure and how quality control was maintained, ensuring industry standards are consistently being monitored and controlled.

Students observed and participated in blade shearing and wool handling, rouseabout duties in the shed including counting out, backlining, vaccinating and drenching.

A huge thank you is extended to the Haddon Rig management and staff for allowing the students (and staff) to participate in these valuable learning experiences.

Ms R. Taylor – Head Teacher Secondary Studies
Rotary Youth Driver Awareness (RYDA) Program
This week Year 11 students had the opportunity to participate in the Rotary Youth Driver Awareness (RYDA) Program. RYDA is a one day program, conducted at an out of school venue (Dubbo Showground), chosen to highlight the road safety messages.

Students participated in six interactive sessions where the core message was “My Life, My Choice”.

- **Stopping Distances**
  Demonstrates the distance it takes to stop a vehicle travelling at different speeds, highlighting the huge impact an extra 10k/h can have. Students had the opportunity to participate, as passengers, in a vehicle driven by a licensed driving instructor.

- **Hazards, Distractions and Risks**
  A high energy session familiarising students with common crash types and how to avoid or minimise their impact.

- **Plan B: Alcohol, Drugs and Fatigue**
  An interactive workshop focusing on the impact that alcohol, drugs and fatigue have on driving ability.

- **Road Choices**
  A discussion, routinely led by a Police Officer on consequences of poor choices on the road, from the tragic human toll to financial legal ramifications.

- **Crash Survivor**
  A powerful presentation by a person who has a brain or spinal injury as a result of a vehicle crash.

- **My Wheels**
  Students learn about vehicle safety, covering such topics as ABS brakes, car maintenance and insurance.

By participating in RYDA, Warren Central School has furthered its commitment to the education of the whole student, by providing an opportunity to learn essential life skills. Students were given a very strong message to take greater responsibility for themselves and their friends before facing the challenges of becoming a “L” or “P” plate driver.

Warren Central School would like to acknowledge the support of Warren Rotary for affording us the opportunity to participate in the RYDA Program.

The RYDA program is supported through a comprehensive website, loaded with resources for teachers, students and parents (rse.org.au/ryda) or through Facebook (facebook.com/roadchoices).

Congratulations to the students who completed the RYDA program – you are to be commended for your mature and responsible attitude, your positive contributions and communication with presenters and other participants throughout the day.

**Ms R. Taylor – Careers Advisor**
Year 11 Excursion to Dubbo

On Tuesday 3 March, Year 11 went to Dubbo to attend the RYDA program (Road Safety Education Program). We were divided into groups and participated in various activities.

The first group was Road Choices and was presented to us by a policeman on road safety. The second activity was on the type of car that we should choose to buy. After a break we went to Plan B which was about drinking, drugs, fatigue and alcohol. Crash Survivor was the next one.

There was a 42 year old man who had a car crash at the age of 21. He was drunk at the time and was taking a friend home. He was doing 150km/hr in town when he lost control of the car. He spun out and flipped the car on the side and slid across the ground for a bit. The car rolled and landed on a parked car and hit the front of the house. He was a lucky man because he lost his life twice but they revived him. He was told, after a long recovery, that he would never be allowed to drive again. He couldn’t do his dream job. He couldn’t live a normal life. He made everyone realise how one stupid decision can change a life forever, and how serious drink driving can be.

After a sausage sizzle we attended Hazards, Distractions and Risks and Stopping Distances. We all liked this one and we had a chance to ride in the car, experiencing how it felt when the brakes were applied at certain speeds. We all had a great day and we will always remember the stories that they all shared with us.

Year 11 Girls
**WARREN SWIMMING CLUB CHAMPIONSHIPS**

SATURDAY 7 MARCH 2015

STARTS: 9.00am

End of season presentation following championships.
Every swimming member receives a prize.
Parents, grandparents and sponsors all welcome.

**Rego Day**

Saturday 14 March 2015

Warren Swimming Pool
11am - 1.30pm

Bring a copy of Birth Certificate
Boys & Girls welcome

* Free Pool Entry
* Free Sausage sizzle & drink for all players that register
CATHY PEACHEY
INDIGENOUS ATHLETICS CARNIVAL

Sport and Recreation, in partnership with Dubbo Athletics Club, is holding the annual Cathy Peachey Indigenous Athletics carnival. This year marks the 12th year for the carnival with a big program planned to celebrate this great event.

Decide your own level of involvement, with a variety of day and evening activities, which may include some of the following activities:

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<th>AGE GROUP</th>
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Notes:
* Participants will compete in events based on their age on the day of the carnival. For example if you are 9 years of age on the day of the carnival, then you will compete in the 9 years age group.
** Times are a guide. Some event times may change depending on number of enrolments.

Don't miss out. Come along and join in the fun! To book, call 02 6362 6623 or visit

NSW Office of Sport
Sport & Recreation

Warren Central School
Respectful, Responsible Learners
Enrolment form

Program information
Program name
Venue
Program date(s)

Participant information
Name
Date of birth
Gender: [ ] Male [ ] Female
Address
Postcode
Phone
Home
Work/mobile

Email address

Please provides details of any medical conditions, allergies or disabilities that may affect your participation in this program

Select events
☐ I have reviewed the events schedule (page 1) and selected the participant's age group AND preferred events.

Parent volunteer information
Parents, are you able to assist as an official on the day of the carnival? [ ] Yes [ ] No

Optional information

To help us serve the community it would be appreciated if you could answer the following questions:
Are you from a culturally diverse background? [ ] Yes [ ] No
(for statistical purposes only)
Are you of Aboriginal or Torres Strait Islander descent? [ ] Yes [ ] No
(for statistical purposes only)

Risk warning and Media consent

I agree for me/my child/ward to attend the Centre and to undertake all activities and/or to participate in the above program. In the case of an emergency, I authorise Sport and Recreation staff, where it is practicable to communicate with me, to arrange for me/my child/ward to receive such medical or surgical treatment as may be deemed necessary. I also undertake to pay or reimburse costs which may be incurred for medical attention, ambulance transport and drugs while my child/ward is attending the Centre/enrolled in the program.

I understand that although Sport and Recreation and its service providers attempt to minimise any risk of personal injury within practical boundaries, accidents do happen and all physical activities carry the risk of personal injury. I acknowledge that there is an inherent risk of personal injury in physical activities that will be undertaken at the Centre/as part of the program and I accept that risk.

☐ I consent / ☐ I do not consent to allow the NSW Government to use any photographs, sound and film recordings taken of me/my child/my ward at this program for the promotion of NSW Government services and initiatives to the media and to the general public.

Full name: [ ] Self [ ] Parent [ ] Guardian (please tick)

Signature
Date

Return this form to:
Sport and Recreation
PO Box 381
Orange NSW 2800
Fax: (02) 6352 9264

For more information call 13 13 02 or visit www.dsr.nsw.gov.au
NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2015 the following vaccines will be offered:

**Year 7 Students**
- dTpa vaccine (Diptheria, Tetanus & Pertussis (whooping cough) as a single dose
- Varicella vaccine (chicken pox) as a single dose and
- Human papillomavirus (HPV) vaccine in a 3 dose schedule at 0,2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

**Year 11-12 Students**
- Measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch up vaccination program for students who are not fully protected.

*The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored, and utilised. Parent Information Kits will be sent home to parents/guardians.*

To consent to the vaccination of their child, parents/guardians are advised to:
- Read all the information provided
- Complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- Return the completed consent form to their child’s school
- Ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

To improve vaccination completion, students will be opportunistically offered any missing doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their medicare number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this number is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
WARREN COMMUNITY TRIATHLON
SUNDAY 29th MARCH 2015
WARREN SWIMMING POOL

Athlete Check-in: 8:00am – 8:30am

Pre-Race Briefing: 8:50am

MAJOR SPONSOR – CHESTERFIELD AUSTRALIA. PROUDLY SUPPORTED BY ANDERSON’S PHARMACY, MACQUARIE TOYOTA, WESTERN FARM MACHINERY, LOUIS DREYFUS COMMODITIES AND WARREN SHIRE COUNCIL.

Starting Times
Mini 9:00am  100m Swim, 2km Cycle, 900m Run (Individual Event only)
Short Course 9:20am  200m Swim, 14km Cycle, 1.8km Run (Individual and Teams Event)
Long Course 9:45am  400m Swim, 21km Cycle, 4.5km Run (Individual and Teams Event)

Entry Fee
$10.00 per person

Registration
Please complete both pages of this form and return it with your entry fee (cash or cheque only, no EFT) by close of business on Wednesday 25th March, 2015. Teams need to submit their registration form and all fees in the same envelope. Return by post to Warren Triathlon Club, PO Box 49, Warren, NSW, 2824.

WE HAVE A STRICT REGISTRATION POLICY. NO REGISTRATIONS WILL BE ACCEPTED AFTER WEDNESDAY 25TH MARCH OR ON THE DAY. NUMBERS ARE LIMITED SO PLEASE REGISTER EARLY.

Further Information: Milton Quigley, 0427 473 152 or Audrey Weston on 0408 690 954.

Individual Entry

Event: MINI / SHORT COURSE / LONG COURSE (please circle)
Name:_____________________________________________
Address:_____________________________________________
Suburb/Town:_______________________     Post Code:_________     Phone:___________________
Sex: Male / Female     DOB:____________     Email:________________________
Would you like to receive a participation certificate?  Yes/No (please circle)
Known allergies/conditions: ________________________________________________________________

Team Entry (Short Course and Long Course only)

Team Name:_____________________________________________

Leg: SWIMMER
Name:_____________________________________________
Address:_____________________________________________
Suburb/Town:_______________________     Post Code:_________     Phone:___________________
Sex: Male / Female     DOB:____________     Email:________________________
Would you like to receive a participation certificate?  Yes/No (please circle)
Known allergies/conditions: ________________________________________________________________

Leg: CYCLIST
Name:_____________________________________________
Address:_____________________________________________
Suburb/Town:_______________________     Post Code:_________     Phone:___________________
Sex: Male / Female     DOB:____________     Email:________________________
Would you like to receive a participation certificate?  Yes/No (please circle)
Known allergies/conditions: ________________________________________________________________

Leg: RUNNER
Name:_____________________________________________
Address:_____________________________________________
Suburb/Town:_______________________     Post Code:_________     Phone:___________________
Sex: Male / Female     DOB:____________     Email:________________________
Would you like to receive a participation certificate?  Yes/No (please circle)
Known allergies/conditions: ________________________________________________________________
**Participant's Agreement**
This form MUST be signed by all competitors. NB for competitors under 18, a parent or guardian must sign.

**WARNING:** This is a legal document that affects your rights.

I agree to compete in this event on the following basis:

1. I acknowledge that competitive triathlon, duathlon or aquathlon involves the real risk of serious injury or even death from various causes including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, and course or weather conditions to name a few.
2. I understand that I should not compete in this event unless I have trained appropriately and a medical practitioner has verified my physical condition.
3. By competing, I accept all risks necessarily flowing from my participation that could result in loss of life or permanent injury. Accordingly, I release all people associated with the conduct of the event from, and will indemnify them against, all liability (including liability for their negligence) for all injury, loss or damage arising out of or connected with my participation in this event. For clarification, the people released include event organisers, promoters, sponsors, managers, government and public authorities, Triathlon Australia Limited, its members state and territory triathlon associations and all of their respective directors, officers, employees, agents, contractors and volunteers including event medical and paramedical personnel. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns.
4. I consent to receiving any medical treatment that event organisers think desirable during or after the event.
5. I consent to event organisers using my name, image and likeness, before during or after the event, for event promotional broadcasting or reporting purposes in any media.
6. I understand that the information that I have provided herein will be included in a Triathlon Australia database and may be disclosed on occasions to the Australian Institute of Sports Commission, State Institutes and Academies of Sport and the Australian Sports Drug Agency. I also understand that information of a biographical nature including my name, date of birth, home state, results, career highlights and interests may be released to the media in response to general requests.
7. I understand that compulsory insurance cover affected for participants in this event may not cover me for all injury, loss or damage sustained by me.
8. Safety precautions undertaken by organisers (such as course supervision, race safety briefings, bicycle and helmet safety checks) are a service to me and other competitors but are not a guarantee of safety.
9. I am fully responsible for the security of my personal possessions at the event.
10. My registration is not transferable to other people. If I am unable to compete, or if the event is cancelled, my registration fee is non-refundable.
11. I have attached to my entry form details of any medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed.
12. I agree to abide by all race rules and directions issued by the event organiser.
13. I certify that I am 18 years of age or older and I have read this document and fully understand it.

### Adult Competitors

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<tr>
<th>Individual OR Team Swimmer</th>
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<td>Team Cyclist</td>
<td>Signature_______________________________ Date:_________</td>
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<td>Team Runner</td>
<td>Signature_______________________________ Date:_________</td>
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### Junior Competitors

(If you are under 18 years of age on the day of the event the declaration hereunder must be signed by a parent or guardian.)

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<th>Individual OR Team Swimmer</th>
<th>Signature_______________________________ Date:_________</th>
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<tbody>
<tr>
<td>Team Cyclist</td>
<td>Signature_______________________________ Date:_________</td>
</tr>
<tr>
<td>Team Runner</td>
<td>Signature_______________________________ Date:_________</td>
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Australian Government Mobile Service Centre

Serving Regional Australia

Visit the Mobile Service Centre to find out about Australian Government payments and services for rural families, older Australians, students, job seekers, people with disability, carers, farmers and self-employed people.

Adjacent to Warren TAFE
Lawson Streets
WARREN
Monday, 9 March 2015
11 am to 4 pm

For more information, go to humanservices.gov.au and search for Mobile Service Centre or call 132 316.

Australian Government
Department of Human Services

humanservices.gov.au